

# Revised Syllabus

**DEPARTMENT OF NSS**

**COURSE CURRICULUM & MARKING SCHEME  
FOR INTRODUCING**

**National Service Scheme (NSS)**

**I & II Semester**

**ELECTIVE COURSE**

**(Based on Choice Based Credit System)**

**SESSION : 2022-23**



ESTD: 1958

**GOVT. V.Y.T. PG AUTONOMOUS COLLEGE,  
DURG, 491001 (C.G.)**

(Former Name – Govt. Arts & Science College, Durg)

NAAC Accredited Grade A<sup>+</sup>, College with CPE - Phase III (UGC), STAR COLLEGE (DBT)

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**Course Curriculum for Introducing National Service Scheme**

# **NSS SYLLABUS**

**Year : 2022 - 2023**

**( Semester : I & II )**

**Govt. V.Y.T college , Durg, CG**

**Part A: Introduction**

**Program /Degree Course    Class: I Year    Year : 2022    Session : 2022-2023**

**Subject : National Service Scheme [NSS ]**

<b>1</b>	<b>Course Code</b>	<b>NSS</b>
<b>2</b>	<b>Course Title</b>	Concept of National Service Scheme
<b>3</b>	<b>Course Type</b>	Elective
<b>4</b>	<b>Pre - requisite[if any ]</b>	To study this course ,a student must have passed 12th class with any subject . The course can be opted as an elective and it is open for all.

5	<b>Course learning outcomes</b>	<p>Course Objective:</p> <ul style="list-style-type: none"> <li>● Main objective of syllabus is developing the personality and character of the students youth through voluntary community service. It will also help them understand the rich cultural diversity of India and have pride through a better knowledge of the country.</li> <li>● Understand the community which they work and their relation.</li> <li>● Identify the needs and problems of the community and involve them in problem solving.</li> <li>● Develop capacity to meet emergencies and natural disaster.</li> <li>● Practice national integration and social harmony.</li> <li>● Utilise their knowledge in finding practical solutions to individual and community problems.</li> </ul> <p>Learning Outcome:</p> <ul style="list-style-type: none"> <li>● To impart hands-on skills in preparation.</li> <li>● In the end of the paper, a student should be able to: <ul style="list-style-type: none"> <li>- Understand the importance of having community problems and their solutions. It might help in job opportunity in some government approved NGO's, and ministry of youth affairs and sports.</li> </ul> </li> <li>- The students can carry out basic information about community, which in turn and be of great help in disaster management fields.</li> <li>- Students can also go for social community courses, opening opportunities in different social activity related department.</li> </ul>
6	<b>Credit Value</b>	02
7	<b>Total Marks</b>	<b>Max.Marks :50                      Min. Passing Marks :</b>

**Part -B :Content of the Course - Semester I [Theory ]**

Total numbers of Lectures { 15 hours }

Total Lectures -

Topics	No. of Lectures/week
<b>Introduction and Basic Concepts of NSS</b> <ul style="list-style-type: none"><li>• History and Philosophy</li><li>• Aims and Objectives of NSS</li><li>• Emblem sign, NSS badge, Flag, Clap</li><li>• NSS Songs : Lakshya Geet, Sadbhavana Geet, Rashtriya Yuva Geet.</li><li>• Organizational structures, roles &amp; responsibilities.</li></ul>	1
<b>NSS Programmes and Activities</b> <ul style="list-style-type: none"><li>• Concept of regular activities.</li><li>• Visit and Survey -Orphanage, Old Age Home &amp; Child care</li><li>• Methodology of Conducting survey</li><li>• Basics of adaptation of village/slums</li><li>• Calendar of NSS activities &amp; maintenance of NSS work diary</li></ul>	1
<b>Disaster Management</b> <ul style="list-style-type: none"><li>• Introduction of Disaster Management, Classification of disasters.</li><li>• Role of youth in Disaster Management</li></ul>	1

## **Semester - I Practical**

Total number of periods per week : 2 hours

### **Society awareness and preparation of reports**

- Plantation
- Fit India movement
- Health awareness
- Voter awareness
- Waste Management awareness
- Blood Donation awareness
- Awareness for self employment in Adapted villages.
- Awareness for Antisocial behavior at workplace

Total hours :30

**Semester -II Content of the Course {Three Periods per Week } Theory**

<b>Topics</b>	<b>Number of Lectures/week</b>
<b>Role of Youth &amp; Leadership skills</b> 1) Meaning & types of leadership 2) Qualities of good leadership 3) Importance and role of youth leadership	1
<b>Life Competencies</b> 1) Definition & importance of life competencies 2) Communication	1
<b>Social Harmony &amp; National Integration</b> 1) Indian history & culture 2) Role of youth in peace - building & conflict resolution 3) Role of youth in Nation building	1
<b>Youth Health</b> 1) Healthy Lifestyle 2) HIV AIDS, Drugs and Substance Abuse 3) Home Nourishing 4) First Aid	1

**Semester -II ( Practical)**

Total number of periods per week : 2 hours

**Conducting Surveys on special theme and report preparation**

- Water conservation awareness
- Road Safety awareness
- National Integration Program
- Education Awareness
- Mission Shakti ( Women's Empowerment Awareness)
- Swachh Bharat Abhiyan
- Awareness Campaign for traffic rules
- Environmental Protection awareness

Total hours :30



### Part C : Learning Resources

#### Text Books, Reference Books, Other resources

#### Suggested Reading Materials:

1. National service scheme manual, Government of India.
2. Training programme on National Programme scheme, TISS.
3. Orientation Courses for N.S.S. Programme officers, TISS.
4. Case material as Training Aid for field workers, Gurmeet Hans.
5. Social service opportunities in Hospitals, Kapil K. Krishan, TISS.
6. Social Problems in India, Ram Ahuja.

Suggested equivalent online courses :

<http://www.thebetterindia.com/140/national-service-scheme-nss>

<http://en.wikipedia.org/wiki/national-service-scheme>

<http://nss.nic.in>

### Part D : Assessment and Evaluation (Theory)

<b>Maximum Marks:</b> Time: 02.00 Hours		50
<b>Viva Voce</b>		10
<b>Practical</b>		10
<b>Internal Assessment</b>	<b>Class Test / Assignment</b>	5
<b>External Assessment (University Exam)</b>	<b>Home Assignment</b>	5
	<b>10 questions to be given 5 to be attempted</b>	20
	<b>Total</b>	25

## Name & Signature

Chairperson/H.O.D. :

Dr. Meena Maan.....

Subject Expert : Dr. S.R. Thakur.....

Subject Expert : Prof. D.S. Raghuvanshi.....

V.C. Nominee : Dr. R.P. Agrawal.....

Member of other Dept. Dr. O.P. Gupta.....

Representative of Educational Institute Shri Hemdhar Sahu

Student Representative : Vijay Kumar Gabhel.....

Departmental members

1. Shri Jainendra Kumar Diwan